TE PUNA ORANGA

Building understanding WITH tamariki, children, whānau and families

HINENGARO (Mental Wellbeing): Understanding and supporting empowering thought patterns, memories, feelings, and actions which enhance oranga.

WAIRUA (Cultural Wellbeing): The values, beliefs (including spiritual), practices, significant people, and places which sustain the families.

NGĀKAU (Emotional Wellbeing): Te tamaiti and whānau feel safe, valued, listened to and respected, enabling trusting and meaningful relationships.

WAIORA (Environmental Wellbeing): The natural, physical, and socio-economic environments in which whānau live, the systems operating within those environments, and their impact on te tamaiti and whānau oranga, autonomy and participation. Advocacy for rights – addressing barriers which prevent full inclusion.

WHĀNAU (Family Wellbeing): Healthy whanaungatanga networks. Te tamaiti and whānau supported in building or strengthening their relationships, feel loved, and are connected to their whakapapa. Importance of collective (whānau) wellbeing to strengthen whānau resilience.

TINANA (Physical Wellbeing): Encouraging and supporting healthy, active lifestyles. Ensuring that te tamaiti and whānau can access the full range of mainstream health services, rongoa Māori and alternative medicine.