

This is an example only.
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CYRAS, which will auto-populate
much of the information.

All About Me

Date: <insert date plan started> _____

Part 1

I am from <Location> [auto-populate] _____

I also whakapapa or connect to <Consider what te tamaiti shares about people, places (such as their street) and events of significance as these are signposts to help identify, verify and connect to their whakapapa> _____

My parents' names are _____

My ethnicity or ethnicities are <Ensure both maternal and paternal sides of the whānau are considered and include hapū and iwi if applicable > [auto-populate] _____

My marae or village is <Ensure both maternal and paternal sides of the whānau are considered> [auto-populate] _____

My iwi connections are <Record with details if iwi connections have been identified, verified and registered> _____

My whānau or family are:	Relationship	Comments

My siblings are:	Ages	Currently live with

People who are like family to me and other important people who support me are:	Relationship

My name is [auto-populate] _____

I like to be called <other names/nicknames> [auto-populate] _____

My gender is <male/female/gender diverse> [auto-populate] _____

My preferred pronouns are <she/her, he/him, they/them> _____

My date of birth is [auto-populate] _____

The languages that are important to me and my whānau are _____

I prefer to communicate in <Consider the following: dialects, sign language, using my iPad, using my Communication Book, using PECS (Picture Exchange Communication System), using Augmentative Communication, using Letter Boards, using other visual, oral, story-board options> [auto-populate] _____

I have talked about my Plan with my social worker, case leader or caregiver on <Date> [auto-populate] _____

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We'll talk about how I am doing on this date: <Record date of review and consider who needs to be involved in this review, such as whānau, family group or other important people> _____

These are my whānau or family or other important members of my hapū, iwi or family group who have helped develop my Plan:
<Record date of review and consider who was involved in the review of the Plan and in what capacity> _____

We'll talk about how I am doing with my whānau, family group or other important people on this date: <Consider who needs to be involved in this review, such as whānau, family group or other important people> _____

I will see or talk with my whānau at these times: <Include siblings, whānau, hapū, iwi, marae, family group and other important people> _____

Person I will have contact with:	Contact arrangements: <Consider if it is a phone call or visit, times and locations etc>	How often I will see or talk with them: <Include the frequency>	Other notes about these contact arrangements: <Consider if the visits are supervised etc>

My religion or spirituality is <Consider how it relates to the different sides of the whānau and iwi connections> [auto-populate] _____

This is important to me because _____

My social worker's name is _____

Their phone number is _____

My social worker will visit me <record frequency of visits and rationale> _____

I can also talk to my social worker's supervisor <record supervisor's name and number> _____

My case leader's name is _____

My legal status is <Include legal orders, section 139 Temporary Care Agreement, section 140 Extended Care Agreement, section 78 Interim Custody Order, section 101 Custody Order, section 102 Interim Custody Order. Include expiry dates as well> [auto-populate] _____

My lawyer is <Name and company> [auto-populate] _____

They can be contacted on <Email/phone/address> [auto-populate] _____

My youth advocate is <Name and company> [auto-populate] _____

They can be contacted on <Email/phone/address> [auto-populate] _____

My transitions worker is <Name and company> [auto-populate] _____

They can be contacted on <Email/phone/address> [auto-populate] _____

If I have concerns, I can also talk to <Consider the tamariki/rangatahi advocate VOYCE – Whakarongo Mai> _____

Other people who I could talk to are <Consider Care Provider social worker, youth worker, kaimahi. Consider teacher, coaches, Kapa Haka rangatira etc> _____

Other people at Oranga Tamariki who I could talk to are _____

My next court plan, youth justice family group conference or court review is on _____

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My health information

My health	The medications I need	Other things that may help
<Overall state of health including any recent illnesses, health needs, allergies, disabilities, formal diagnoses>	<Consider what medications (including contraception) they take and how they need to take it, how the medication needs to be stored and what happens if they miss medication or if there are any side effects>	<For example, a warm, dry, smoke-free environment>

My doctor is [auto-populate] _____

My dentist is _____

Other important people who know my health needs include <Psychologist, Therapist, Counsellor, Physiotherapist, Orthodontist, Optometrist, Audiologist, etc> _____

I have optometry needs and wear glasses <Yes/no/needs assessment/date of next appointment> _____

I have audiology needs and use support aids like hearing aids <Yes/no/needs assessment/date of next appointment> _____

I have diagnosed disabilities <Yes/no/needs assessment/date of next appointment. Add detail of diagnosis> _____

Immunisations _____

Allergies [auto-populate] _____

NHI number [auto-populate] _____

My next medical or dental appointments are on _____

Other health concerns that affect my life are <Consider drug, alcohol, smoking concerns> _____

My education information

My school, kura, early childhood, kōhanga or tertiary education provider is _____

I am in year/class _____

My kaiako, teacher, principal or teacher's aid's names are _____

How am I doing at school? <Consider educationally, socially, engagement with learning, specific needs> _____

The adult I can talk to at school, kura, early childhood, kōhanga or tertiary is _____

Friends who are important to me are _____

My employment is (if applicable) _____

My employer's contact details are (if applicable) _____

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Part 2

My strengths, wishes and aspirations

My strengths

<Consider using practice tools appropriate to the individual and collective uniqueness of te tamaiti to help identify strengths. Consider what others would say are the strengths of te tamaiti> [auto-populate from Tuituia]

My wishes and aspirations

<Consider using practice tools appropriate to the individual and collective uniqueness of te tamaiti to help identify these sections> [auto-populate from Tuituia]

My whānau or family, hapū, iwi and island or village and their wishes and aspirations for me

<Consider using practice tools appropriate to the individual and collective uniqueness of te tamaiti to help identify these sections> [auto-populate from Tuituia]

Other important people in my life and their wishes and aspirations for me

<Consider using practice tools appropriate to the individual and collective uniqueness of te tamaiti to help identify these sections> [auto-populate from Tuituia]

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Part 3

My Plan

The goals for me from my family group conference or court plan are:

I'm staying because:

At the moment, I can and can't have contact with: <Include any court orders and what the current whānau contact arrangements look like, such as how often they will be visited and by whom, whether it is supervised, where they will be visited>

I can have contact with	Relationship

I can't have contact with	Relationship, and why I can't have contact

The important belongings or taonga I have are:

What is important and interesting to me:

I am good at or like doing:	How I'd like to develop these more:
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Things I don't like:

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My routines are (including transport for each): <such as meal times, bed times, after school activities, cultural considerations, church, other appointments such as medical or specialist support>

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My special, significant events and cultural events are

Event: <Consider sporting events, birthday parties, religious events such as church and cultural events such as Te Matatini. Ensure guardians have been contacted regarding religious practice>	Who will attend this event with me <Consider if whānau, family group or other important people have been contacted about the event and arrangements made for them to attend to strengthen their relationship with tamariki or rangatahi>

Sports or other physical activities I enjoy are:

--

My favourite kai and drinks are:

--

The kai and drinks that I don't like are:

--

Things I find hard and what helps me are: <Consider emotional distresses as well, such as getting angry or being impulsive, getting to sleep at night, going to school, doing maths>

--

My worries are:

--

I feel safe and comforted by:

--

The people who support me are:

--

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Meeting my needs and enhancing my strengths	What I need now <Refer to Tuituia assessment>	What I will need in the future <Refer to Tuituia assessment> <Consider both short-term future and long-term future needs such as additional needs for school, when moving between different care arrangements and when leaving care>	How this need will be supported and how my whānau will help me <Include others who will contribute to this goal such as Social Worker, Case Leader, Care Team, Financial & Specialist services, Transitions Provider, Caregiver Support etc>	Important dates to support this need, including arrangements
My needs for my identity and cultural identity <Place value on narratives as a part of their cultural identity. These stories will help to identify what tamariki and whānau experience, value, identify and connect with>				
My needs for my connection with my family, whānau, hapū, iwi, marae, island or village <Consider people they may want to be more connected to, including other people who are like family and important to them and how they can do this>				
My needs for my cultural safety <Consider the principle of mana and work collaboratively with tamariki and whānau to ensure they have what they need to keep safe and keep their culture safe such as their whakapapa and whanaungatanga connections. Also consider any barriers that may exist for connection to their whakapapa and how this can affect their cultural safety>				
My needs for connection with my siblings and cousins				
Who will visit me and how often	<Record here the frequency of SW visits, any details, and rationale behind the frequency>			
My needs for my safety <Consider what a safe environment looks like for them and how oranga is different for all whānau>				

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Meeting my needs and enhancing my strengths	What I need now <Refer to Tuituia assessment>	What I will need in the future <Refer to Tuituia assessment> <Consider both short-term future and long-term future needs such as additional needs for school, when moving between different care arrangements and when leaving care>	How this need will be supported and how my whānau will help me <Include others who will contribute to this goal such as Social Worker, Case Leader, Care Team, Financial & Specialist services, Transitions Provider, Caregiver Support etc>	Important dates to support this need, including arrangements
My needs and goals for my health and fitness <Also consider concerns raised in the Health section about drugs, alcohol, smoking>				
My emotional needs <Consider Māori concepts of wellbeing such as Whai Oranga and how this can help to maintain, restore and strengthen the oranga of tamariki and whānau>				
My needs for when I feel upset <Consider emotional distresses such as getting angry, issues with sleeping or being impulsive and how you can support and nurture me>				
My needs for my disability <Consider learning disorders, attention and behavioural disorders, anxiety and other habit disorders and how you can support and nurture me>				
My needs for everyday basics <Consider if te tamaiti or rangatahi is warm, dry, sleeping and eating well, having their dietary requirements met etc>				
My needs for my education, training or employment <Consider goals towards what they want to achieve at school and preparation for work>				
My needs related to my play, recreation and community activities				

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Meeting my needs and enhancing my strengths	What I need now <Refer to Tuituia assessment>	What I will need in the future <Refer to Tuituia assessment> <Consider both short-term future and long-term future needs such as additional needs for school, when moving between different care arrangements and when leaving care>	How this need will be supported and how my whānau will help me <Include others who will contribute to this goal such as Social Worker, Case Leader, Care Team, Financial & Specialist services, Transitions Provider, Caregiver Support etc>	Important dates to support this need, including arrangements
My needs for my friendships <Consider existing friendships they may want to stay connected to and how they can do this. Also consider how the mates or friends they choose can affect their life>				

My youth justice needs

<If you need to focus on specific short-term needs for residences, here is where you can explore and discuss these needs and goals with tamariki or rangatahi. This section does not need to be filled out if it does not relate to te tamaiti or rangatahi>

My needs and enhancing strengths <Consider offending needs and prioritise goals with the supervisor or psychologist in residence>	How I'll work towards this while I'm here: <Offending needs to consider are: antisocial peers, antisocial attitudes, alcohol and drug abuse, poor problem-solving skills, issues with dysregulation, poor or ineffective adult supervision, disengagement from school or education, unconstructive use of leisure time>	How whānau and others will help me: <Include others who will contribute to this goal such as Social Worker, Case Leader, Care Team, Financial & Specialist services, Transitions Provider, Caregiver support etc>	Important dates and timeframes to support this need, including arrangements
Offending needs 1 <Please provide a description of the identified need>			
Offending needs 2 <Please provide a description of the identified need>			

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My transitions needs

Meeting my needs and enhancing my strengths	What I need now <Refer to Tuituia assessment>	What I will need in the future <Refer to Tuituia assessment> <Consider both short-term needs such as additional needs for school when moving between different care arrangements and longer-term needs, such as study, work, housing,,finances when leaving care>	How this need will be supported and how my whānau will help me <Include others who will contribute to this goal such as Social Worker, Case Leader, Care Team, Financial & Specialist services, Transitions Provider, Caregiver support, people important to rangatahi, etc>	Important dates and timeframes to support this need, including arrangements
My needs when I transition between care arrangements				
My needs when I transition to adulthood				
My Life Skills Assessment <Consider strengths, knowledge and experience on personal and health care, managing money, shopping, cooking, driving, sexual and reproductive health care, managing any matters relating to sexual or gender identity, safe and positive relationships and culture and identity>				
My Transition to Adulthood Plan				