

Caregiver Support Plan

Name (s):

Date _____ / _____ / _____

My/Our tamariki who live in the home:

Whānau /Household Members:

Support Contact Details:

Support	Contact Details
My Caregiver Social Worker	012 3456789 Jane@doe.govt.nz
Caregiver Supervisor (s)	02123456789 Jane@doe.govt.nz
Social worker(s) for tamaiti/tamariki in my care)	012 3456789 Jane@doe.govt.nz
Supervisor(S)	02123456789 Jane@doe.govt.nz
Emergency Support	0508 xxx
Support Groups <i>E.g: Fostering Kids</i> <i>Grandparents Raising Grandchildren</i>	

FORMAL/PERSONAL SUPPORT/SELF CARE		
What do I do to take care of myself and my tamariki now? And what support do I get from my family and friends	Support I need to maintain this if I had a tamaiti placed in my care and how I will do this, <i>Conversation – thinking about the things you do, that keep you mentally and physically well, and maintain your support for your family. What would change with a tamaiti</i>	Support from Oranga Tamariki



	<i>placed in your family?</i>	
Yoga	Childcare – my sister could do this	
Attend my children's sports on Saturday	My partner will help with this. I will ask my mother if my partner is not available	
Regular time to myself	Regular time for the tamaiti to be out of the house so that I can be home alone	Assist with organisation of respite care one weekend per month
Family holiday	Need to ensure that te tamaiti is equipped to go a camping holiday with our family.	Purchase a sleeping bag for te tamaiti Fund new epipen for (bee-sting allergy)

SUPPORT TO BUILD MY CAPABILITY AS A CAREGIVER					
Area for development	Need	Support	Caregiver role	Oranga Tamariki role (Specify who)	When
<i>This should be informed by the caregiver assessment. Give particular consideration to cultural competence needs</i>	<i>Add a row for each need</i>				
Responding to the cultural needs of tamariki	Strengthen connection with my own whānau	Support with my own tamariki so I can travel to upcoming hui at my own marae	Contact whānau to arrange to attend hui	Arrange and fund weekend Childcare and money to attend hui	
	Strengthen my knowledge of te reo	Advice about learning options	Attend te reo classes weekly	Help to find a suitable te reo class	
Understanding trauma	Grow my understanding about the impacts of	Childcare for my tamariki so I can get to training	Attend 3x training sessions	Enrol me in training Reimburse money for	

	<i>and response to trauma</i>			<i>childcare</i>	
<i>Understanding of high and complex needs</i>					
<i>Understanding disability needs</i>					
<i>Understanding Harmful Sexual Behaviour</i>					

LEARNING	
Training: I/We have booked or are planning to complete	
Course	Date of Course
<i>Understanding trauma</i>	

SUPPORT FOR MEETING THE NEEDS OF TE TAMAITI						
<i>This section of the plan is to be informed by the All About Me Plan and needs to be replicated and completed individually for each tamaiti in the caregiver's care. Only bring across actions in the By Whom column of the All About Me Plan if the caregiver has an identified responsibility.</i>						
Needs and enhancing strengths	What [tamaiti] needs	What is my responsibility	What support do I need	Caregiver social worker/Orang a Tamariki responsibility	When	Completion date/by whom
<i>Add new row under each heading for each need</i>		<i>Be specific about which member of caregiver household has responsibility</i>				
Identity & cultural						

Connections with family/whānau /hapū/lwi						
Connections with my siblings						
Safety						
How often will te tamaiti be visited						
Health	e.g. <i>Medication Required</i> <i>Dosage:</i> <i>Dentist Appointment:</i>					
Oranga						
Emotional needs						
Behavioural Development Needs						
Disability Related Needs						
Education/Training/mahi	<i>Support to address dyslexia</i>	<i>Transport to tutor (Mary)</i> <i>15 minutes reading support each day (Jan)</i>	<i>Mileage reimbursement to get to tutoring</i> <i>Training on supporting tamariki with dyslexia</i>	<i>Set up board payment for money for travelling to tutor</i> <i>Speak to school about course, work with Jan to enrol in course</i>		
	<i>Uniform</i>	<i>Take [tamaiti] to buy uniform (Mary)</i>	<i>Money for uniform</i>	<i>Money</i>		
	<i>Support for regular attendance</i>	<i>Walk with [tamaiti] to school every</i>	<i>Stroller for baby already</i>	<i>Fund stroller</i> <i>Go with Mary</i>		

		<i>day (Mary) Walk with [tamaiti] home from school every day</i>	<i>living in home for school walks</i>	<i>to purchase</i>		
Play, Recreation and Community activity						
Peer relationships						
Transition between placement						
Transition to independence						
Youth Justice						

VISITING	
How often will I be visited by my caregiver social worker	The reason we have agreed this frequency

REVIEWS	
How often will the support plan be reviewed	The reason you have agreed this frequency
<i>Every two weeks</i>	<i>Provisionally Approved</i>

I have read and agreed to the content and actions in this support plan.

Caregiver Signature _____

Date _____ / _____ / _____

Caregiver Social Worker Signature _____

Date _____ / _____ / _____

