

Safety Organised Practice Elements

- Understand the position of each family member
- Find exceptions to the problem behaviour or maltreatment
- Discover family strengths and resources
- Focus on goals
- Scale safety and progress
- Assess willingness, confidence and capacity to carry out plans



*Adapted from "The six practice principles"
Chapter 6, Signs of Safety- Andrew Turnell
and Steve Edwards, 1999*

Strengths Based Principles

- Respect for people's dignity, uniqueness and rights
- Power with – not power over
- The problem is the problem – not the person
- Complementing not compensating (everyone has naturally occurring resources)
- Capability and collaboration (people are capable of growth and change)
- People have expertise in their own lives
- Recognizing, acknowledging and assisting to mobilize strengths

