

## ***Risking It All: True Stories***

***Fetal Alcohol Spectrum Disorder Prevention for a Brighter Future***

### **DVD & HANDBOOK Now available!**

**Risking It All: True Stories – Fetal Alcohol Spectrum Disorder Prevention for a Brighter Future** is a DVD that sensitively captures women talking about their experiences with alcohol and reflecting on its implications for the next generation. Developed as part of a collaborative project between Alcohol Healthwatch and Child Youth and Family Auckland, the DVD - produced by Attitude Pictures Ltd - aims to improve awareness of and responsiveness to Fetal Alcohol Spectrum Disorder (FASD). A Handbook containing supporting information is also available.

#### **What is FASD?**

When a pregnant woman drinks alcohol her unborn baby is unprotected and at risk of alcohol's damaging effect. Fetal Alcohol Spectrum Disorder (FASD) is an umbrella term used to describe a range or 'spectrum' of adverse developmental disorders that are the direct result of alcohol exposure during gestation. Some children will exhibit physical signs and be diagnosed with Fetal Alcohol Syndrome (FAS). However most children with FASD will have hidden brain damage called Alcohol-related Neurodevelopmental Disorders (ARND) where there are no physical signs that distinguish them from the general population. Children with FASD are vulnerable to further harm when their dysfunctional learning and behavior is unrecognised and misunderstood. This increases their risk of developing secondary problems which includes mental health disorders, school failure, unemployment and getting in trouble with the law. Even though this early damage from the alcohol is irreversible, there are multiple ways to support a child, young person and their family/whānau to live successfully to their fullest potential.

#### **What can we do?**

Because alcohol is so prevalent in our society preventing FASD is everyone's responsibility. Addressing the needs of someone affected by FASD requires other people to be well informed and actively engaged with their needs. These resources are a starting point to learn about the importance of addressing this serious and preventable disability. Over the page is an order form to purchase the DVD and/or Handbook. You can also inquire about further workforce development opportunities that can be tailored to your area of work. If you are part of an organisation working with families at increased risk of alcohol-related harm, this knowledge is important for maintaining informed good practice that can reduce preventable harm.

**See over for ordering details**

## Order Form

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***"Risking It All: True Stories - FASD Prevention for a brighter future"***

**Quantity Req    Line Total (inc GST)**

<b>HANDBOOK (A5)</b>	<i>Qty 1-10</i> \$18 per unit	<i>Qty 11-49</i> \$15 per unit	<i>Qty 50+</i> \$12 per unit	[    ]	\$.....
<b>DVD (25 mins)</b>	<i>Qty 1-10 @</i> \$12 per unit	<i>Qty 11-49</i> \$9 per unit	<i>Qty 50+</i> \$7 per unit	[    ]	\$.....
<b>Total order (includes GST, postage &amp; packaging)</b>				<b>\$</b>	

**Please select your payment method:**

- Please send me my order & I will pay on invoice  
(20<sup>th</sup> of following month)
- Cheque made out to Alcohol Healthwatch.
- Direct Deposit: \$ \_\_\_\_\_  
Alcohol Healthwatch 12-3013-0878975-00  
Please put your name and "Resources" as reference.

- [I would like to be contacted about further information on FASD or training options](#)

**Send Orders to:**

Alcohol Healthwatch Trust  
PO Box 99407, Newmarket, Auckland 1149  
Or Fax : 09 520 7175  
Or Email: [christine@ahw.org.nz](mailto:christine@ahw.org.nz)  
Phone: 09 520 7037

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